

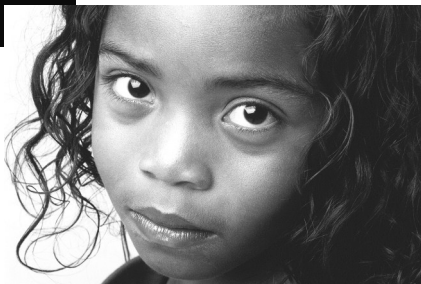
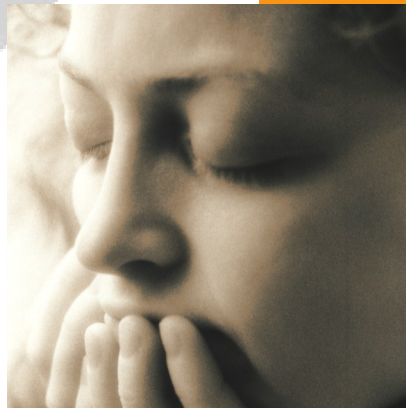
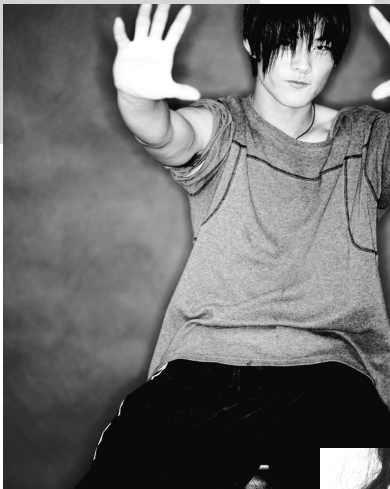
FREE!

ADHD?

Bipolar?

OCD?

**A child you love
has an emotional disorder.
That's why there's NAMI.**



Education and Support for Families



NAMI
National Alliance on Mental Illness

**Southwestern
Illinois**

2100 Madison Ave.
Granite City, IL 62040
(618) 798-9788

Call for information about programs for family
members of adults.



NAMI Basics

National Alliance on Mental Illness



The 6-session course includes:

- Current information about ADHD, Bipolar, Depression, Oppositional Defiant Disorder, Anxiety Disorders, Substance Abuse Disorder and more
- New ways to handle challenging behaviors
- Help with school problems
- Taught by trained parent volunteers who know what it's like to raise a child with mental illness.
- There is no charge as the class is funded through the generous support of the Madison County Mental Health Board and the Lutheran Foundation of St. Louis.

Call to register: (618) 798-9788

A waiting list is forming for the next course!

Proud member of

United Way
of Greater St. Louis



What You'll Find At NAMI

- Friends who care and understand
- Ideas to help you take care of yourself and your family
- A chance to share your experience and learn from others
- Help. Hope. Healing.
- "You are not alone."